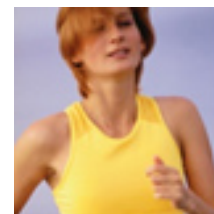
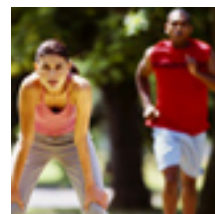
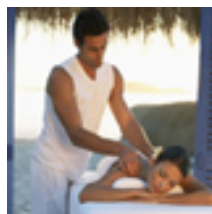
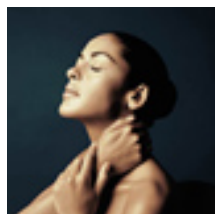




Massage und Sporttherapie



## Capissage - The migraine therapy

Many people suffer from headaches or migraine and the therapy for this consists mainly of pain relieving drugs and medication. The causes for headaches are many e.g. stress, weather influences, a beginning cold or genetical disposition. The only things that seem to help against this insufferable pressure in the head are Tylenol & Co.

Medicals are not agreed about the causes of the pain due to so many triggering possibilities. Some say it is because of restrained arteries in the head which cause a lack of oxygen in the brain. Others say it is because of dilated arteries in the head which narrow the space in around the brain and cause pain. Pain can also be caused by visual defects which cause eyestrain and thus pain. Many times the weather seems guilty for the headache, and with migraine some even say it is a genetic disposition. It is still unknown, what is actually happening in our head and what makes our head burst.

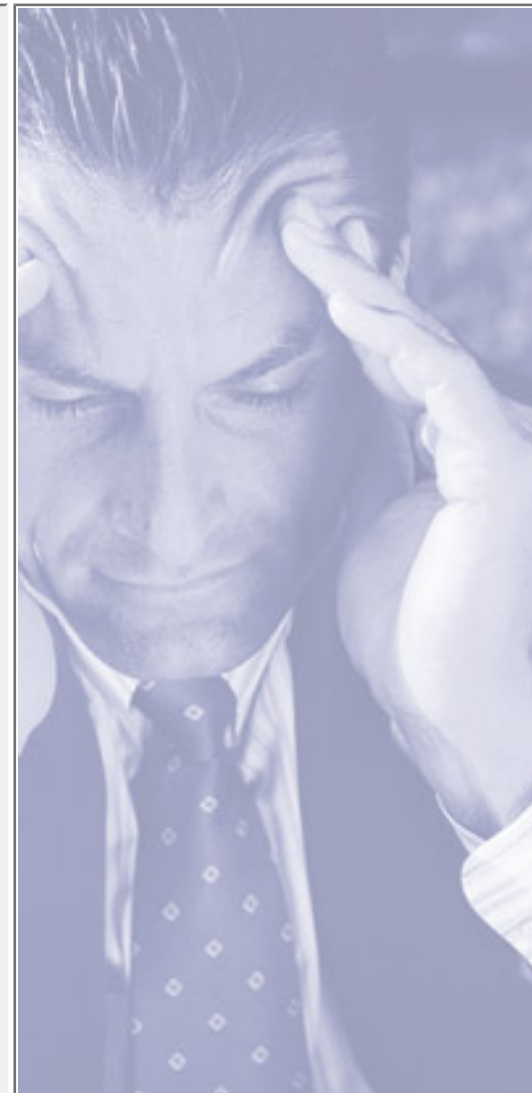
Still, all forms of headaches have a commonality: the facial and skull muscles are tense.

**Capissage** is a specifically developed kind of facial massage in the form of a functional pain treatment against headaches and migraine. The focused treatment on pain trigger areas, which can be a bit unpleasant, stimulates the body to produce pain relieving substances which decrease the pain, yet at the same time stimulate the musculature to relax and enhance blood circulation.

Treatment with Capissage most often causes immediate or same-day-of-treatment pain relieve as long as organic causes have been medically eliminated which, of course, have to be treated by a physician (visual defects which have not been treated yet or not sufficiently treated, inflammation in the mouth and teeth, pus and inflammation in facial cavities, tumors, etc.).

**Capissage was developed by Adriane Polak for the treatment of headaches and migraine with permanent results and without the use of drugs. The average frequency of treatment for positive long term results is between 4 and 10 sessions.**

We have helped many of our clients with this treatment and migraine is no longer an issue for them.





print version



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